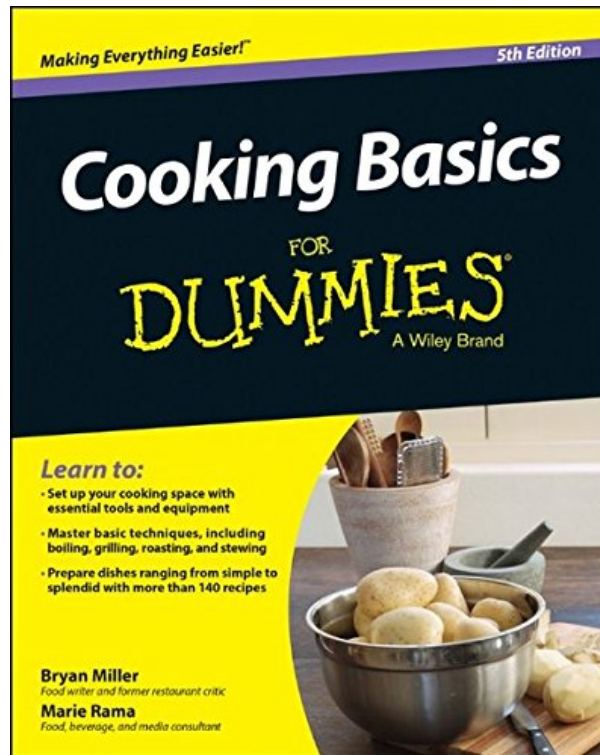
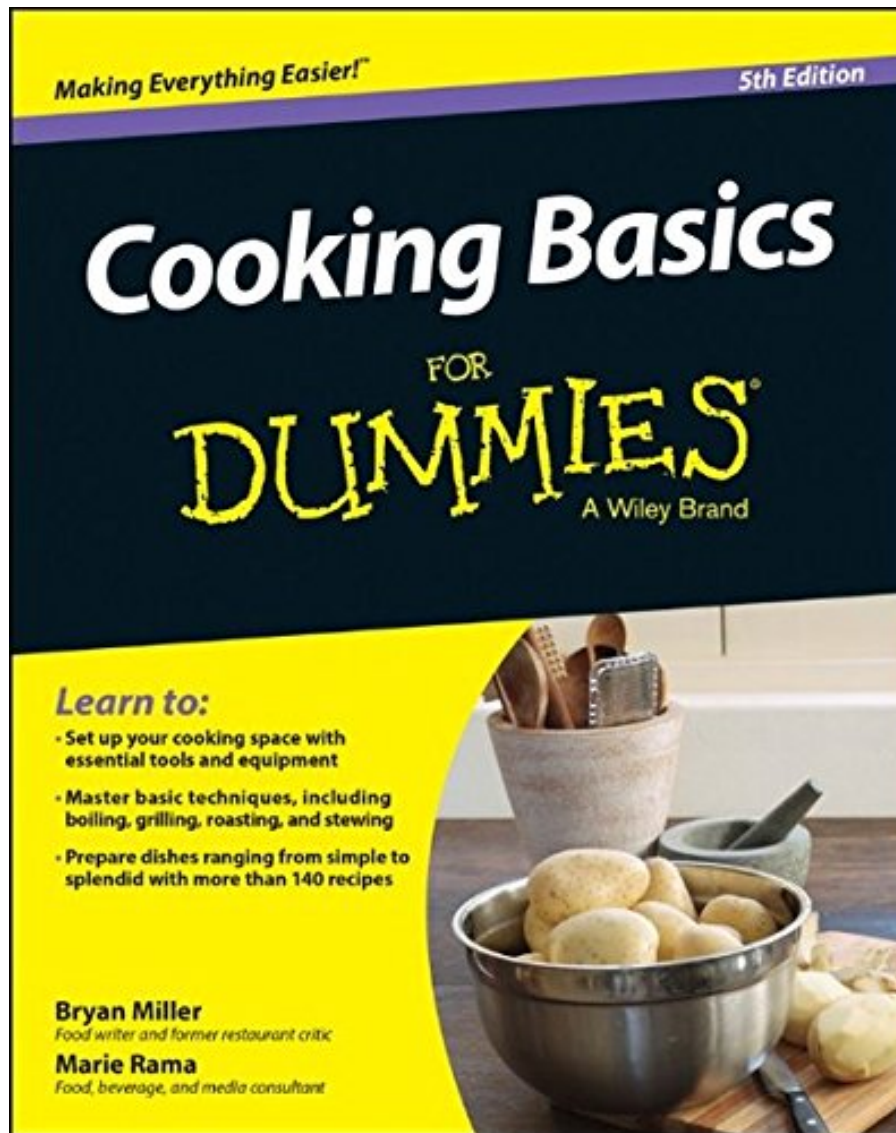


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From the Back Cover

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- Set up your cooking space with essential tools and equipment
- Master basic techniques, including boiling, grilling, roasting, and stewing
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About the Author

Bryan Miller is a food and wine writer and a former restaurant critic for The New York Times. He has written and cowritten 11 books. Marie Rama grew up in the restaurant business surrounded by a large family of food professionals and entrepreneurs and has worked in various areas in the industry.

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Get started cooking now with Cooking Basics For Dummies, 5th Edition!

Are you looking to dig yourself out of microwave dinners and learn the ropes of home cooking? Cooking Basics For Dummies, 5th Edition takes the intimidation out of cooking and helps you start cultivating your culinary prowess in no time. From learning fundamental cooking techniques like dicing, chopping, and saut?ing to creating delicious, easy-to-follow recipes, you'll discover how to cook up crowd-pleasing meals the whole family will enjoy—all without breaking a sweat!

Even if you've never cracked an egg, this friendly, practical guide gives you all the ingredients to become a superior home cook. In plain English, it explains step-by-step how to master popular cooking techniques, such as dicing vegetables, hard boiling an egg, making quick and delicious sauces, planning menus, stocking your pantry, and so much more.

- Packed with more than 150 easy-to-follow recipes for every meal of the day, from mouth-watering mains to sumptuous sides to delectable desserts
- Helps you master grilling, slow cooking, baking, roasting, pressure cooking, and more
- Includes tips on adapting meals to meet the latest dietary trends, such as low-sugar, low-sodium, low-fat, plant-based, and vegetarian diets
- Covers shopping at farmer's markets and buying organic foods

Cooking Basics For Dummies, 5th edition is for every beginner cook or polished chef looking for a refresher on breathing new life into home-cooked meals.

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4 of 4 people found the following review helpful.

A great basic step by step cookbook.

By Mrs Brown

I gave this as a gift to my teenage cousin for christmas. He was certain it was a gag gift, but I have heard he has pulled it out as a reference in his few attempts to keep himself fed. A great basic step by step cookbook for someone who is truly clueless about cooking.

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