

BLOOD ON THE PAGES: THE SIDEWAYS HEART: A POEM BOOK ABOUT LIFE, LOVE, AND LOSS BY CHE' LA'MORA



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About the Author

Che' La'Mora is an Artist and a Marriage and Family therapist. She earned a Bachelor's in Art illustration and a Master's in Marriage and Family Therapy from Central CT State University. La'Mora is a mother of 2 young awesome boys and is always seeking to help others. Che' started a blog back in 2015 that talks about the divorce process and its multi-layers post-divorce. The blog is titled "Selfie Chronicles" and can be found on facebook or on her personal website. Che' La'Mora is also the founder of Procreate Artist Group. Procreate was founded in 2009. Procreate is a group of multi-talented visual artists that put together creative events in hopes of connecting and inspiring the youth, community and other artists alike. To find out more about Che' you can visit her website at Chelamora.com

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Blood on the Pages: The Sideways Heart is a poem book that illustrates a journey through the emotional rollercoaster ride of separation, break-ups and divorce. The context is divided up by the 5 stages of grief (Depression, Anger, Denial, Bargaining and Acceptance) using the Kubler-Ross model to best depict the range of emotion one faces while going through this process. It is the author's hope that through her self disclosure and candid writing that her pain, love, joy, confusion, strength, anguish and ultimately re-discovery of self-love could in-turn help others to cope and overcome while facing a break-up or divorce.

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.A Must Read! Brilliant! Thought Provoking! Encouraging! Honest account of Love Lost!

By Daphne McDonald

This book is brilliant. I purchased through Kindle Cloud reader which downloads on your computer! I knew Che' was an amazing young woman, daughter, sister, mother and wife, now I know she is an amazing AUTHOR. I have this same story on my computer, written through my own loss of love. However, I never had the courage to release. The TRUTH cuts like a two edged sword! So, Reading Che's story opened up so old wounds and brought tears to my eyes. However, I have something in common with her, I survived. Heck, I have done better than survive, I have flourished with God leading me, guiding me, and strengthening me; and so has Che'. A MUST READ! A MUST READ.

0 of 0 people found the following review helpful.

Insightful

By Lovely

Although this book highlights the author's journey through her divorce, it is relatable to anyone who has experienced heartbreak or has been wronged in a relationship. The poetry is vulnerable, painfully honest, and original. She explores her struggle out loud in a really brave way, unafraid of how it may be perceived, or perhaps more concerned with how she can use this fuel to move forward.

0 of 0 people found the following review helpful.

Blood on the Pages is an inspirational collection of poems ...

By Matilde

Blood on the Pages is an inspirational collection of poems, a pouring out of the heart. She puts on paper what so many of us keep bottled up inside ourselves. She struggles in her journey, but she doesn't let those struggles keep her down; she gets up and moves on.

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